

Emergency Response Training



.....because if the earthquake doesn't get you, cold and thirst could be a close second.....

10% donated to the Christchurch Mayoral Fund for each course run until December 2012

Earthquake awareness 1.5 - 2 hours – theory

This short presentation covers the basic knowledge required to understand what you can do, as an individual or organisation, to plan for an earthquake. It aims to give clear and simple information to provide a reality check on how prepared you are.

- Civil Defence in New Zealand
- Emergency planning
- Personal, household & organisational safety
- Survival kits, grab bags, get-up-and-go bags
- Emergency Services response capability
- Emergency service operations (CIMS)
- During and after an earthquake

Earthquake response Up to 2 days – theory/practical

How well you manage following a major earthquake depends on many factors. Having an effective action plan and basic skills are essential. This course builds on the Awareness Course and covers:

- Decision making after the earthquake
- General rescue techniques
- Leadership
- Introduction to emergency first aid
- Simple rescue equipment
- Communication
- Post disaster (0-5 days)
- Practical exercises

Emergency planning (management) 4 hours theory

This short course provides a framework for small to medium sized companies to develop their own emergency plans from evacuation to business continuity and includes:

- Developing emergency plans
- Organisational command and control
- Legislative/organisational drivers
- Implementing post-emergency plans - debriefs, counselling, business continuity plans (BCP's)
- Business continuity planning
- Communication plans
- Tabletop exercises

Emergency first aid and fire extinguisher 4 hours practical

Designed to take workplace first aid to a different level. A practical course focused on making tough decisions not normally required in first aid situations. Can be combined with a practical point-and-shoot fire extinguisher refresher course. The topics include:

- Leave, treat and leave, treat and rescue?
- Move or leave? Risk of further harm?
- Point and shoot fire extinguisher
- Triage (casualty treatment priority)

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