



**FIRE & EMERGENCY  
TRAINING SOLUTIONS**

**“if you  
believe  
safety  
education  
is  
expensive  
try  
ignorance”**

Unknown



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Health and Safety Breathing Apparatus Chemical Handli  
Emergency Respon  
Gas Suits  
Working at Height  
First Aid  
Floor Warden  
Gas Suits  
Working at Height  
Breathing Apparatus  
Chemical Handli  
Emergency Respon  
Floor  
Gas Suits

# Health and Safety

## Health and Safety Training



### Course Detail

Duration	4 - 8 hours (each unit standard)
Group size	12 - 16
Location	Your workplace or other suitable location

### Topics

#### Theory

- rights and responsibilities
- systems approach to safety
- safe work practices
- hazard identification methods
- identifying unsafe practices
- hazard control methods

#### Practical

- demonstrate safe work practices
- hazard identification task
- risk assessment

### Overview

Health and Safety is one of those subjects that causes people to roll their eyes because it is either; too bureaucratic, too expensive, HAS to be done, takes too much time or stops us from getting on with our work. The reality is that too many people are injured or killed in New Zealand due to preventable “accidents”.

It may be obvious but everything is safe until it isn't. There are companies with signs showing hundreds of days since their last accident only to have a major disaster killing many of their employees.

We provide realism from our backgrounds in emergency services from entry level knowledge of health and safety to more advanced training in hazard identification and risk assessment in the workplace. Our aim is to get people to look at their working environment from a different and safer perspective.

### Unit Standards

- 497 - demonstrate knowledge of workplace health and safety requirements
- 17593 - apply safe work practices in the workplace
- 17602 - apply hazard identification and risk assessment procedures in the workplace