



**FIRE & EMERGENCY
TRAINING SOLUTIONS**

**“it’s not
the
fall that
kills
you but
the
sudden
stop at
the
end”**

Douglas Adams



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Space Entry First Aid Floor Warden Gas Suits Working
Health and Safety Breathing Apparatus Chemical Handli
Emergency Response Gas Suits Working at Height Spill Kits Breathing Appara
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Emergency Respo Gas Suits Working at Height Spill Kits Breathing Appara
Floor

Working at Height

Working at Height Training



Course Detail

Duration	8 hours.
Group size	8 - 12
Location	Your workplace or other suitable location

Topics

Theory

- o working at height systems
- o hazard management
- o legislation
- o fall arrest/travel restriction systems
- o anchor points
- o suspension trauma
- o permit to work
- o emergency rescue plans

Practical

- o using working at height equipment

Overview

Falls from height contribute to a significant number of accidents every year. Many of these falls are as simple as falling off a ladder, significantly changing people's working and family lives.

Organisations believe they only need to have procedures in place if the work involves working at height over 3 metres. The Health and Safety in Employment Act 1992 requires control measures in place for falls of less than 3 metres if there is the potential for harm.

Working at height requires a systematic approach to the type of work, the most appropriate height equipment options available and any limitations of those options.

Out training provides a practical introduction to working at heights hazards and equipment.

Unit Standards

- 17600 - Explain safe work practices for working at height
- 25045 - Employ height safety equipment in the workplace